

***“Letter or Spirit?”***

**Mark 2:23-28**

**Deuteronomy 23:24**

**“When thou comest into the standing corn of thy neighbour, then thou mayest pluck the ears with thine hand; but thou shalt not move a sickle unto thy neighbour's standing corn.”**

***The Pharisees had a problem with the disciples of Jesus doing this on the Sabbath.***

**Genesis 2**

***God does not grow weary or tired. He did not NEED rest. He established a day of rest for mankind. He did this for us.***

**Isaiah 40:28-31**

**Exodus 20**

***It is the responsibility of the head of every home to make sure this command is obeyed by all.***

**Exodus 35**

**Jeremiah 17:19-27**

## Jeremiah 17

### 2 Chronicles 36:21

“To fulfill the word of the LORD by the mouth of Jeremiah, until the land had enjoyed her sabbaths: for as long as she lay desolate she kept sabbath, to fulfill threescore and ten years.”

**Sabbath = a day that is set aside for the Lord.**

### Isaiah 58:13

“If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words:”

### Isaiah 58:14

“Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.”

*“We are going to have a family day.”*

*“We have projects around the house to catch up on.”*

***The Pharisees were zealous not to make the mistake of their fathers in neglecting the Sabbath, but they missed the spirit of it by focusing on the letter.***

“Behold, why do they on the sabbath day that which is not lawful?”

***They were hungry and in need of food.***

### Luke 13:15

“The Lord then answered him, and said, Thou hypocrite, doth not each one of you on the sabbath loose his ox or his ass from the stall, and lead him away to watering?”

**Luke 14:5**

“And answered them, saying, Which of you shall have an ass or an ox fallen into a pit, and will not straightway pull him out on the sabbath day?”

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“The sabbath was made for man, and not man for the sabbath”